Assignment Objectives:
1. Focus your attention on your feelings of attraction, repulsion or indifference between you and others.
2. Identify your feelings for others.
3. Make perceptual guesses about their feelings for you.

Components of the Assignment:
1. Create a sociogram according to the directions below
2. Write a 2-3 page paper analyzing each relationship in your sociogram and explaining what you discovered about your relationships by completing this exercise.

Sociogram:
1. Identify a collective (or group) you want to explore. There should be at least 5 people in the group – more is better.

2. Make a list of names of the members of this group. If it is a large group, focus on the people with whom you have a significant relationship, including strained relationships or relationships with people who have passed away or who have left the group.

3. Rank each person in the group according to his or her significance to you. Place a number next to each person’s name. Several persons may have the same degree of significance.

4. Take a sheet of paper and place yourself in a circle at the center of the sheet. Using circles for females and triangles for males, place each person on the sheet according to where you perceive them to be in relation to you. (This does not mean where you want them to be, or where they may want to be, but your best guess of where they stand in relation to you.) Place the ranking number to the right of their name. (You may create this by hand or use a computer, if it is easy.)

5. Using the notational system that follows these instructions to indicate the feeling you have for each person here and now, draw a line using the code half-way between your circle and the symbol for the other person. Do this for each person in the collective.

6. Now make a perceptual guess about how each person in the collective may feel toward you here and now. In order to maximize the perceptual accuracy of the sociogram, it is necessary for you to role reverse with each person. Using the code draw a line from each person to meet the line drawn half-way from your place on the sociogram.

7. Review the relationship you have with each person and identify what the reasons are for your feelings for each person and for their feelings for you.
Notational System:

a. Mutual attraction/warmth ______________ (solid line)
b. Mutual rejection - - - - - - - - - - - (dashed line)
c. Mutual indifference . . . . . . . . . . . (dotted line)
d. Attraction/warmth – Rejection _____- - - - - (solid line and dashed line)
e. Attraction/warmth - Indifference _____ . . . . . (solid line and dotted line)
f. Rejection - Indifference - - - - - - - - - - (dashed line and dotted line)

Short Paper:

- Paper is 1 ½ to 2 ½ pages long, 1” margins, 12 pt. font, your name and assignment name in upper right hand corner
- Paper should discuss your sociogram, the relationships it shows, and what you learned from the exercise. In the paper, discuss:
  o The group you are describing and their relationship to you.
  o Were there surprises?
  o Did you need to check your perceptions with others in the group?
  o What emotions did you observe that were not listed on the chart?
  o Were there emotions not seen at all?
- Relate your findings to concepts discussed in textbook and in class.

General

1. The assignment is worth 50 points.
2. Staple or lose 5 pts.
3. Attach your drawing to your written paper.
4. No folder necessary

Grading

- Did you complete the sociogram correctly?
- Did you list the members of the group and rank them?
- Did you express the relationships in terms of solid or dotted lines?
- Does your paper meet technical requirements?
- Does the paper answer the above questions listed?

This exercise is an edited version of an exercise by James Vander May, “A Perceptual Social Atom Sociogram”, *Group Psychotherapy and Psychodrama* Vol. 28 (1975), p. 128-134. Edited by Ann E. Hale, M.A.
# Perpetual Sociogram Rubric – Murdock

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Good</th>
<th>Poor</th>
<th>Needs Improvement</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sociogram Details:</strong></td>
<td>Drawing is completed exactly according to specifications. It is clear, legible and illustrates an appropriate group.</td>
<td>Drawing is mostly done according to instructions. Group chosen includes no challenging relationships.</td>
<td>Drawing is messy or unclear or does not follow instructions. Relationships unclear or group is inadequate (not enough members, not analyzed)</td>
<td>Messy, unclear or absent sociogram. Drawing is illegible or shows only one or two relationships. Student does not show an understanding of the assignment.</td>
</tr>
<tr>
<td><strong>Paper Details:</strong></td>
<td>All elements are present and well executed. Length is appropriate.</td>
<td>Missing some information or the staple. Uses the wrong text size or margin sizes or paper is slightly short.</td>
<td>Much of the information is missing, illegible or sloppy. Margins and text size look like a deliberate attempt to fill the page to meet length requirements without appropriate content.</td>
<td>Does not include a heading, font is inappropriate; length is much too short to address subject adequately.</td>
</tr>
<tr>
<td><strong>Paper Content:</strong></td>
<td>Each relationship is examined in depth with appropriate description of the relationship using class terms.</td>
<td>Limited relational analysis, not every relationship is analyzed.</td>
<td>Shallow and incomplete analysis. Individual relationships are not analyzed.</td>
<td>Confusing, incomplete analysis of relationships. Analyses lack clarity and understanding.</td>
</tr>
<tr>
<td><strong>Perceptions/Surprises:</strong></td>
<td>There is explanation of any perception-checking conversations, or explanation of the lack of such and reasons. Any surprises noted and lack of surprise noted as well.</td>
<td>Conversations for perception checking or lack of conversation are mentioned but not explained. Surprises only briefly mentioned.</td>
<td>No mention of perception checking or surprises, or only passing mention.</td>
<td>This element of the assignment is ignored.</td>
</tr>
<tr>
<td><strong>Text/Class Concepts:</strong></td>
<td>Each relationship is analyzed using many class terms and concepts. Analysis shows a complete understanding of terms used.</td>
<td>Each relationship is analyzed using 2 or 3 class concepts or terms, or some are well analyzed and others are brushed over without good analysis. Incomplete understanding of terms.</td>
<td>Some relationships are analyzed with class terms and concepts while others are not. Analysis is inconsistent and shows a lack of understanding of terms used.</td>
<td>The paper does not include class terms or concepts.</td>
</tr>
<tr>
<td><strong>Writing:</strong></td>
<td>Writing is clear, grammatically correct, and covers subject well with an introduction and conclusion.</td>
<td>The writing is usually clear but contains some errors in grammar and spelling. Brief intro and conclusion.</td>
<td>The writing is unclear and contains many spelling and grammar errors. No intro or conclusion.</td>
<td>Writing is of poor quality. Purpose is unclear. There is no introduction or conclusion.</td>
</tr>
</tbody>
</table>

**Paper Details:**
- Length (1.5 to 2.5 + pp)
- Margins – 1”
- 12 pt font
- Name/Assignment
- Stapled together

**Intro**
- All elements are present and well executed. Length is appropriate.

**Limited relational analysis, not every relationship is analyzed.**

**Shallow and incomplete analysis. Individual relationships are not analyzed.**

**Confusing, incomplete analysis of relationships. Analyses lack clarity and understanding.**

**No mention of perception checking or surprises, or only passing mention.**

**This element of the assignment is ignored.**

**The paper does not include class terms or concepts.**

**Writing is of poor quality. Purpose is unclear. There is no introduction or conclusion.**